Teach How You Want To Be Taught



WWW.MINDCHECKMOTIVATION.COM WINTER 2010/11

Devotion to EDUCATION

- Passion for MOTIVATION
- Love of MAGIC

INSIDE THIS ISSUE:

Magic in the	2
Classroom	

Mindcheck 3
Puzzles

Looking 4
Forward

Being a "TEN"

When I use to think of the word "Ten," two things would come to mind; Pearl Jam's debut album and the 1979 movie. The latter applies to this article, the former does not (I'll explain later).

In the 1979 movie "10" the Dudley Moore character becomes infatuated with the perfect girl, a 10, played by Bo Derek.

10-A QUICK LESSON

But being a "10" is much more than having great looks. It is about being the best we can be at what we do. Additionally, if we are the best at we do, we are giving the opportunity for the people we are responsible for (students, employees, etc.) to be their best.

What does a ten in the workplace, school, home, etc. look like? What do they say? How do they act?

First, they usually look like everyone else. So it must be what they say and how they act.

10's VOCABULARY

A ten's vocabulary might not be too much different from others, but it's the words he chooses that sets him apart. First, usually a ten does not say "I need to do this," or "I have to do this." No, a ten says that he "WANTS to do it." WANT is a powerful word. Tell someone they "have to" or "need to" succeed, and it really never gets heard. But, tell someone that you WANT them to succeed, and that person's ears perk.

It works the same way when presented with a task. When you WANT to do it, it seems so much easier. If you "have to" do it, it is a chore. If you "need to" do it, it is a job or a career at best...but if you WANT to do it, it is now on you. You are in control and no one will tell you different. It is much easier to do something when you are in control, than when someone tells you to do it. Now you have your own "mission."

HOW DOES A 10 ACT?

You've heard the phrase "Actions speak louder than words," well it is true. If you say you WANT to do it, but your actions show differently, then you are kidding yourself and others. Your true feelings will ultimately permeate through. For example, a line-

man in football can say he WANTS to hit the sled and do drills. However, if his actions don't show it, everyone will be able to see through him.

So your actions must coincide with what you say. It seems simple enough, but so many people don't understand it. I can tell my boss that I WANT to undertake a big project, but if I continually put it on the back burner, did I really want to take it?

Thomas Jefferson once said, "Do you want to know who you are? Don't ask. Act! Action will delineate and define you."

Oh yeah, before I forget ...

THE PEARL JAM THING

Pearl Jam's first album was titled "Ten." Ten was the number of then NJ Net star Mookie Blaylock. Mookie was the band's favorite player, and that's what the band's original name was ... Mookie Blaylock. Since they had to change their name, they honored their old band name (and their favorite player) by naming their first album Ten.



MAGIC in the CLASSROOM

Try this trick in your classroom, next meeting, or with friends.

"Don't part with your illusions. When they are gone you may still exist, but you have ceased to live."

-Mark Twain



Slip Slide Cards

Effect: In a flash, the performer pulls out two cards that an audience member slipped into the deck.

Preparation: In a deck of cards, pull out the $7 \clubsuit$, $8 \spadesuit$, $7 \clubsuit$, and $8 \clubsuit$. Put the $7 \spadesuit$ on the bottom of the deck. On top of the deck place the $8 \spadesuit$, $7 \spadesuit$, and $8 \spadesuit$, with the $8 \spadesuit$ being the top card. Put the stacked deck back into the card case.

Method: Go to a spectator and pullout the deck of cards. Take the two cards off the top of the deck $(7\clubsuit, 8\spadesuit)$ and give them to him. Next, instruct him to put the cards anywhere in the middle of the deck. Tell him to separate them because it will make the trick harder (it actually covers up your tracks better).

Hold the deck in your right hand with your thumb on top and your index and middle fingers on the bottom (all fingers should be near the center of the deck).

Here is the hard part: bring your left hand near the deck. Holding the deck as described above, "toss" the deck into your left hand while keeping your fingers in place. The bottom and top card should slide off and stay in your right hand.

Quickly show the cards $(8 \clubsuit, 7 \clubsuit)$. It looks like you magically pulled out their cards!!

How does it work?: The brain only processes and retains so much information. The spectator will remember that the cards were black, different suites, and a 7 and an 8. Usually, if done quickly enough, you will have the illusion that you pulled out their cards, not their corresponding, or sister cards.



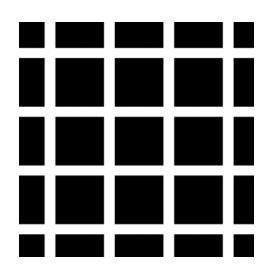
Word Puzzles—Say What You See

Na fish Na fish Give Get
Give Get
Give Get
Give Get

Lang4uage

Optical Illusion





Answers to all puzzles are on Page 4.



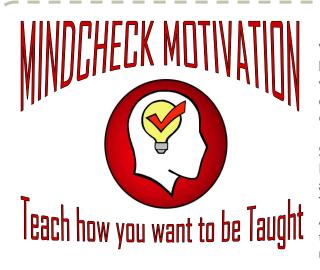
How many colors do you see?



Check Your Thought

In Weatherly, Pennsylvania, why can't you take a picture of a man with a wooden leg?





Feel free to call us at 412-554-2377 or email us at joe@mindcheckmotivation.com

www.mindcheckmotivation.com



When Joe Vilcheck began a career in education, he started on a path that he never thought he would take. He left a career in environmental consulting to teach at an alternative school for delinquent youth in Western Pennsylvania.

Shortly afterward, he was hired by the Allegheny Intermediate Unit- 3 (AIU3) and began teaching at the Shuman Detention Center in Pittsburgh. Today, Joe is well-known throughout the AIU3, Alternative Education Department, as a veteran teacher of at-risk teens, as a mentor, and as a motivator.

In 2007, Joe received the "Award of Excellence" from the AIU3.

Joe has worked closely with at-risk students in the Shuman Detention Center and at local programs such as the Community Intensive Supervision Program (CISP). Additionally, he has worked for Pittsburgh non-profit social service agencies such as Family Links and Wesley Spectrum. Joe is an active member of both the Society of American Magicians and the Pittsburgh Mentalist Society.

MINDCHECK PUZZLES

SAY WHAT YOU SEE

Tuna fish

Forgive and forget

Foreign language

CRITICAL THINKING PUZZLE

This is called the Hermann Grid. There are only *two* colors in the grid, black and white. The contrast of the black and white areas fool the eyes into perceiving a gray circle at each intersection.

CHECK YOUR THOUGHT

Because you can only take a picture with a camera!

